

Inici	SALA	Inicio	LUNES	Inicio	MARTES	Inicio	MIÉRCOLES	Inicio	JUEVES	Inicio	VIERNES	Inicio	SÁBADO	Inicio	DOMINGO
7.00	CYCLO	7.00	CYCLING 45' RAUL							7.00	VirtualCYCLING 45'				
	S1					7.00	B PUMP 45' RAUL			7.00	B COMBAT 45' RAUL				
	BOX			7.00	FUNCIONAL 30' NESTOR			7.00	FUNCIONAL 30' NESTOR						
	BOX	7.45	ABD '15	7.45	ABD '15	7.45	ABD '15	7.45	ABD '15	7.45	ABD '15				
8.00	CYCLO			8.00	VirtualCYCLING 45'			8.00	VirtualCYCLING 45'						
	S1														
9.00	CYCLO	9.15	VirtualCYCLING 45'	9.15	CYCLING 45' NESTOR	9.15	VirtualCYCLING 45'	9.15	CYCLING 45' NESTOR						
	S2	9.15	GAC 45' ESTHER			9.15	TBC 45' ESTHER								
	S1	9.30	B COMBAT 45' RAÚL	9.30	ZUMBA 45' MARTA	9.30	B COMBAT 45' RAÚL	9.30	ZUMBA 45' MARTA	9.30	B PUMP 45' RAUL	9.15	B PUMP 45'		
10.00	CYCLO			10.15	VirtualCYCLING 45'			10.15	VirtualCYCLING 45'			10.15	CYCLING 45'	10.00	VirtualCYCLING 45'
	S1	10.15	ZUMBA 45' ESTHER	10.30	PILATES 45' MARTA	10.15	CARDIO STEP ESTHER	10.30	PILATES 45' MARTA	10.30	B.BALANCE 45' RAÚL				
	S2			10.15	JUMPING 45' NESTOR			10.15	JUMPING 45' NESTOR						
	BOX	10.30	FUNCIONAL 45' RAUL			10.30	FUNCIONAL 45' RAUL								
11.00	CYCLO			11.15	VirtualCYCLING 45'			11.15	VirtualCYCLING 45'						
	BOX										11.00	FUNCIONAL 30'			
	S1	11.15	EN FORMA 45' ESTHER			11.15	EN FORMA 45' ESTHER			11.15	GAC 45' MARTA	11.15	ZUMBA 45'		
12.00	CYCLO	12.00	VirtualCYCLING 45'			12.00	VirtualCYCLING 45'							12.00	VirtualCYCLING 45'
	S1														
13.00	CYCLO			13.15	VirtualCYCLING 45'			13.15	CYCLING 45' NESTOR						
	S1					13.15	GAC 45' MARTA								
	BOX			13.15	FUNCIONAL 45' NESTOR										
14.00	CYCLO	14.15	VirtualCYCLING 45'					14.15	VirtualCYCLING 45'	14.15	VirtualCYCLING 45'				
	S1			14.15	GAC 45' NESTOR			14.15	B PUMP 45' NESTOR						
	S2														
15.15	CYCLO	15.15	VirtualCYCLING 45'	15.15	CYCLING 45' NESTOR	15.15	VirtualCYCLING 45'	15.15	CYCLING 45' NESTOR	15.15	VirtualCYCLING 45'				
	S1	15.15	B PUMP 45' NESTOR			15.15	ZUMBA 45' MARTA			15.15	TBC 45' MARTA				
	S2														
16.00	CYCLO			16.15	VirtualCYCLING 45'			16.15	VirtualCYCLING 45'						
	S1														
17.00	BOX	17.00	ABD '15			17.00	ABD '15			17.00	ABD '15				
	CYCLO	17.00	VirtualCYCLING 45'			17.00	VirtualCYCLING 45'	17.00	CYCLING 45' NESTOR			17.00	VirtualCYCLING 45'	17.00	VirtualCYCLING 45'
	S1	17.15	PILATES 45' MARTA	17.15	GAC 45' SILVIA	17.15	PILATES 45' MARTA	17.15	ZUMBA TONO SILVIA						
	BOX	17.15	FUNCIONAL 45' NESTOR			17.15	FUNCIONAL 45' NESTOR								
18.00	BOX			18.00	ABD '15			18.00	ABD '15						
	CYCLO	18.00	CYCLING 45' NESTOR	18.00	CYCLING 45' ANDREA	18.00	CYCLING 45' NESTOR	18.00	CYCLING 45' ANTONY	18.00	CYCLING 45' ANDREA				
	S1	18.15	ZUMBA 45' MARTA	18.15	B PUMP 45' SILVIA	18.15	ZUMBA 45' MARTA	18.15	GAC 45' SILVIA						
19.00						18.15	JUMPING SILVIA								
	BOX	19.00	ABD '15	19.00	FUNCIONAL 45' ANTONY	19.00	ABD '15	19.00	FUNCIONAL 45' ANTONI	19.00	FUNCIONAL 45' NESTOR				
	CYCLO	19.00	CYCLING 45' ANDREA	19.00	CYCLING 45' SILVIA	19.00	CYCLING 45' ANDREA								
	SALA	19.00	STRONG 45' ANTONI												
	S1	19.15	TBC 45' MARTA	19.15	ZUMBA 45' ANDREA	19.15	B PUMP 45' NESTOR	19.15	B COMBAT 45' SILVIA	19.15	ZUMBA 45' ANDREA				
20.00	S2	19.15	JUMPING SILVIA			19.15	PILATES 45' MARTA								
	CYCLO	20.00	CYCLING 45' ANDREA			20.00	CYCLING 45' SILVIA								
	BOX	20.00	FUNCIONAL 45' NESTOR			20.00	FUNCIONAL 45' NESTOR								
	S1	20.15	B COMBAT 45' SILVIA	20.15	B PUMP 45' ESTHER	20.15	ZUMBA 45' ANDREA	20.15	GAC 45' ESTHER						
21.00	S2			20.15	PILATES 45' SILVIA			20.15	PILATES 45' SILVIA						
	CYCLO	21.00	CYCLING 45' SILVIA	21.00	VirtualCYCLING 45'	21.00	CYCLING 45' SILVIA	21.00	VirtualCYCLING 45'	21.00	VirtualCYCLING 45'				
	S1			21.00	ZUMBA 45' ESTHER			21.00	B PUMP 45' ESTHER						
	S2					21.00	JUMPING 45' ANDREA								