

Inicio	SALA	Inicio	LUNES	Inicio	MARTES	Inicio	MIÉRCOLES	Inicio	JUEVES	Inicio	VIERNES	Inicio	SÁBADO	Inicio	DOMINGO
6.00															
7.00	CROSS					7.00	FUNCIONAL 45'								
	CYCLO	7.00	CYCLING 45'	7.00	VirtualCYCLING 45'			7.00	VirtualCYCLING 45'	7.00	VirtualCYCLING 45'				
8.00															
9.00	CYCLO					9.15	CYCLING 45'					9.00		9.00	
	S1	9.15	B PUMP 45'	9.15	PILATES 45'			9.15	B PUMP 45'	9.15	FUNCIONAL 30'				
10.00	S1							10.15	B BALANCE 45'						
	CYCLO	10.15	VirtualCYCLING 45'	10.15	CYCLING 45'	10.15	VirtualCYCLING 45'			10.15	VirtualCYCLING 45'				
11.00	CYCLO														
12.00	CYCLO			12.00	VirtualCYCLING 45'			12.00	VirtualCYCLING 45'						
13.00															
14.00		14.00	VirtualCYCLING 45'			14.00	VirtualCYCLING 45'			14.00	VirtualCYCLING 45'	14.00		14.00	
15.00	S1														
	CYCLO	15.15	CYCLING 45'			15.15	B PUMP 45'			15.00	VirtualCYCLING 45'				
16.00				16.00	VirtualCYCLING 45'			16.00	VirtualCYCLING 45'						
17.00	S1							17.15	JUMPING 45'						
	S1			17.15	INFANTIL 45'			17.15	INFANTIL 45'						
	CYCLO			17.15	CYCLING 45'										
18.00	S1	18.15	B PUMP 45'	18.15	JUMPING / ZUMBA 45'	18.15	B COMBAT / TBC 45'	18.15	PILATES 45'	18.15	GAC 45'				
	CYCLO														
19.00	CYCLO	19.15	CYCLING 45'							19.15	CYCLING 45'				
	S1			19.15	GAC 45'	19.15	B PUMP 45'	19.15	GAC / ZUMBA 45'						
20.00	CYCLO			20.00	VirtualCYCLING 45'			20.00	VirtualCYCLING 45'	20.00	VirtualCYCLING 45'				
	S1	20.15	GAC 45'			20.15	PILATES 45'								
21.00	CYCLO	21.00	VirtualCYCLING 45'			21.00	VirtualCYCLING 45'								

