

Inici	SALA	Inici	DILLUNS	Inici	DIMARTS	Inici	DIMECRES	Inici	DIJOUS	Inici	DIVENDRES	Inici	DISSABTE	Inici	DIUMENGE
6.00															
	S1	7.00	B PUMP 45'			7.00	TBC 45'			7.00	GAC 45'				
7.00	CROSS			7.00	FUNCIONAL 30'			7.00	FUNCIONAL 30'						
	CYLO														
8.00	CYLO			8.00	VIRTUAL CYCLING 45'			8.00	VIRTUAL CYCLING 45'						
	CYLO							9.30	CYCLING 45'			9.00	VIRTUAL CYCLING 45'	9.00	VIRTUAL CYCLING 45'
9.00	S1	9.30	ZUMBA 45'	9.30	B COMBAT 45'	9.30	GAC 45'			9.30	B PUMP 45'				
	S1	10.30	TBC 45'	10.30	PILATES 45'	10.30	ZUMBA 45'	10.30	B PUMP 45'	10.30	BALANCE 45'				
10.00	CYLO					10.30	CYCLING 45'					10.00	VIRTUAL CYCLING 45'	10.00	VIRTUAL CYCLING 45'
11.00	CROSS	11.15	VIRTUAL CYCLING 45'			11.15	VIRTUAL CYCLING 45'			11.15	VIRTUAL CYCLING 45'				
12.00															
13.00															
	CYLO			14.15	VIRTUAL CYCLING 45'			14.15	VIRTUAL CYCLING 45'						
15.00	S1	15.15	B PUMP 45'			15.15	GAC 45'	15.15	ZUMBA 45'						
	CYLO			15.15	CYCLING 45'					15.15	CYCLING 45'				
16.00															
17.00	S1	17.00	B PUMP 45'	17.00	GAC 45'	17.00	PILATES 45'	17.00	B COMBAT 45'	17.00	PILATES 45'				
	BOX			17.00	BOX TRAINER 45'										
	S1	18.00	B COMBAT 45'	18.00	JUMPING 45'	18.00	ZUMBA 45'	18.00	B PUMP 45'						
18.00	CYLO	18.00	CYCLING 45'			18.00	CYCLING 45'			18.00	CYCLING 45'				
	CROSS			18.30	FUNCIONAL 30'			18.30	FUNCIONAL 30'						
	S1	19.00	B PUMP 45'	19.00	ZUMBA 45'	19.00	PILATES 45'	19.00	ZUMBA 45'	19.00	JUMPING 45'				
19.00	CYLO	19.15	VIRTUAL CYCLING 45'	19.00	CYCLING 45'	19.15	VIRTUAL CYCLING 45'	19.00	CYCLING 45'						
	CROSS	19.15	FUNCIONAL 45'			19.15	FUNCIONAL 45'								
	S1	20.00	ZUMBA 45'	20.00	B PUMP 45'	20.00	B COMBAT 45'	20.00	JUMPING 45'	20.00	PILATES 45'				
	CYLO	20.00	CYCLING 45'			20.00	CYCLING 45'			20.00	VIRTUAL CYCLING 45'				
21.00															